

Facilitated  
by  
Ojibwe Elder  
Eanumeskesid Pakegai Beaskeshe  
(Anthony Templer)

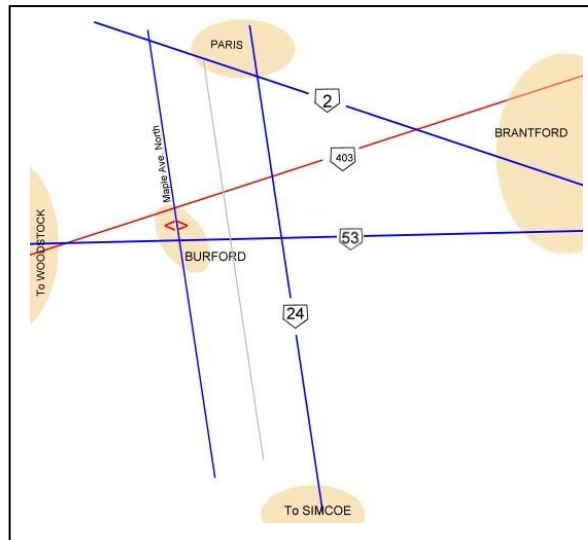
Spaces are limited.

Please register  
by  
January 28, 2012

**For information, or Registration  
contact Rob or Tracy at;**

[roughandtumbled.ca](http://roughandtumbled.ca)  
[roughandtumbled.ca@gmail.com](mailto:roughandtumbled.ca@gmail.com)  
519-449-5695

**HOSTED BY**



### **LOCATION**

**43 Maple Ave. North  
Burford, Ontario  
519-449-5695**

**ALL WELCOME**

The soothing sound of the Aboriginal drum is similar to the first calming sound we ever heard in our mother's womb, the sound of her heart beating.



# **DRUM MAKING TEACHINGS OF THE DRUM WORKSHOP**

Create your own traditional, drum while learning about Native history and the responsibilities that come with being a drum carrier.

Since the beginning of civilization, Drums have been one of the main universal signals for calling people together in a good way. The drums are humanity's common pulse.

Drums do not know about race, racism, jealousy, hate, resentment, greed, language, genders, gender choice, and human diversity. None of those matters, what matters is inclusivity and the sound of one heart beating. People from many different backgrounds come together in drumming circles to create connections through the sheer joy of drum rhythms. Drumming circles are the ultimate stress reducer. It is a time for everyone to get together and just be.

The magic of the Drum and its close relationship to Mother Earth's heartbeat moves one's consciousness into the inner worlds of vision, experience, and learning. It is often a time and place for meditation that guides us in the directions of inner reflection and connection or re-connection to those things that really matter.

The Drum takes you to the centre of the earth, where you spread your arms and feel the strength of the four great winds that had their origins there; where your spirit, mind, emotion and body becomes one with that which is greater than yourself.

Natural biochemicals in the body are released, which help boost the immune system, among other things. Inner chatter is instantly quieted, and a peaceful meditative state is often the result, as the drum connects with your own heartbeat. Spiritual and Physical integrity follows nerve, and blood flows according to our deepest cell needs, our spirits are fed, and we are in rhythm with the Earth Mother.

As you drum for the Earth, Community, Family, and Yourself, so does peace on earth become a reality.

## Work Shop

*Saturday March 3<sup>rd</sup>, 2012*

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Starting time is 9:00 a.m.

1 hour break for a Pot luck lunch.

*\*Participants are asked to bring a lunch dish to be shared.\**

Finishing time is 4:00 p.m.

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## Birthing Ceremony

*Date & cost to be determined*

Just like humans, each drum has its own unique voice and vibration, for the simple reason that each animal and tree, from which the drum is made, has their own unique medicines; their spirits are part of the drum. It is, after all, a living being and under the care of a Drum keeper.

It is usually seven days from making a drum, to waking it in a special birthing ceremony. Drums should not be played until they have been woken and given their voices.

Refraining from playing the drum is part of the teachings about discipline and honouring the process.

## Cost

Includes all the materials needed to create one drum.

(\$50 Deposit required for materials upon registration)

State your choice when registering.

Deer	
12" --	\$100.00
Most preferred size { 14" --	120.00
16" --	140.00
18" --	160.00

Elk	
12" --	\$120.00
14" --	140.00
16" --	160.00
18" --	180.00

Pre-made strikers -- \$20.00

\*NOTE: Strikers are ordered and paid for as an additional cost, at time of registration\*